

Crinone 8%

 English

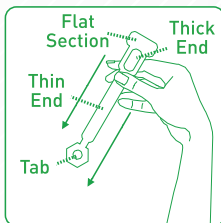
How to use

1 • Remove the applicator from the sealed wrapper. DO NOT remove the twist-off tab at this time.

For use at altitudes above 2500 feet, ask for special instructions.

2 • Hold the applicator by the thick end.

Shake down several times like a thermometer to ensure that the contents are at the thin end.

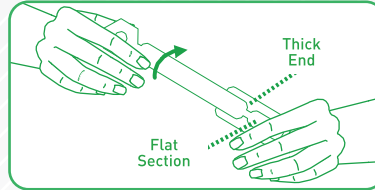


3 • Hold the applicator by the flat section of the thick end.

Twist off and throw away the tab at

the other end.

DO NOT squeeze the thick end while twisting the tab. This could force some gel to be released before it is inserted



4 • The applicator may be inserted into your vagina while you are in a sitting position or when lying on your back with your knees bent.

Gently insert the thin end well into your vagina.



5 • Squeeze the thick end of the applicator to deposit the gel.

Remove the applicator and throw it away in a waste container.

Do not be concerned if a small amount of gel is left in the applicator. You will still be receiving the appropriate dosage.

